

List of professionals in New Zealand who are receptive to discussing PDA as a behavioural profile of Autism. Please note that they are not PDA specialists and do not all diagnose ASD.

Only the individuals on the list have been recommended. Other professionals in the same practices may, or may not, be receptive.

North Island

Dr Jamie Speeden (Paediatrician and Psychiatrist)

Growing Pains

535 Apollo Drive

Rosedale

Auckland 0632

Email admin@growingpains.nz

Website <httpswww.growingpains.nz>

(He also works in the public system at Marinoto West, based at Waitemata Hospital)

Dr Warwick Smith (General and Developmental Paediatrician)

Privately at

188 Specialist Centre

188 St Heliers Bay Road

St Heliers

Auckland 1071

Ph (09) 951 2569

Email manager@specialistcentre.co.nz

Website https188specialistcentre.co.nzpage_id=125

and publicly at

Kidz First Outpatient Care

Manukau SuperClinic™

901 Great South Road

Manurewa

Auckland

Ph 09 250 8014

Email customerservice@superclinic.co.nz

Website <httpswww.healthpoint.co.nzpublicpaediatricskidz-first-outpatient-care-general-paediatrics>

Dr Helen Temperton (Child and Adolescent Psychiatrist)

Practice 92 Limited

1 Saint Albans Avenue

Mount Eden
Auckland 1024
Ph (09) 638 9804
Email admin@practice92.co.nz
Website www.practice92.co.nz

Davin Tan, Psychiatrist in Tauranga (Youth and Adult Psychiatrist) - Not currently taking any referrals -
might have waitlist

Nexus Health Ltd
1017 Cameron Rd
Tauranga
Ph 027 312 0036
Website nexushealth.net.nz

Dr Sarah Watson (Psychologist)
Totally Psyched
51 Hurstmere Road
Takapuna
Auckland 0622
Ph 09 320 3086
Email admin@psyched.org.nz
Website www.psyched.org.nz

Dr Rebecca Corry (Paediatric Registrar)
Public system in West Auckland - might be able to request her

Chris McAlpine (Psychologist)
Te Wahau Kotahi
112 Thirteenth Avenue
PO Box 15278
Tauranga
Ph 07 571 4768
Website [httpwww.twk.org.nz](http://www.twk.org.nz)

Iwona Kotowska-Livaja (Psychologist)
DL Psychology
iwona@dlpsychology.com
[httpwww.dlpsychology.com](http://www.dlpsychology.com)
(Auckland area)

Nadia du Plessis (Psychologist)
The New Zealand Neurodiversity Centre of Excellence

Tauranga
Bay of Plenty
New Zealand
Email admin@baypaediatrics.com
Website <https://baypaediatrics.com>

Anna Claridge (Psychologist)
Young Minds Consultancy
81 Clyde Road
Browns Bay
Auckland 0630
Ph 021 126 4279
Email anna@youngminds.nz
Website <https://www.youngminds.nz>

Anelda Huisamen (Clinical Psychologist)
498 Hibiscus Coast Highway
Orewa
Auckland 0931
and
21 Bertram Street
Warkworth
Auckland 0910
Email anelda@aucklandpsych.com
Website <https://www.aucklandpsych.com>

Dr Mona Ghanbari (Psychologist)
Central Auckland
Email enquiry@crossroadspsychology.co.nz
Website <https://www.crossroadspsychology.co.nz/psychologistdr-mona-ghanbari>

Elen Nathan (Occupational Therapist)
The Playful Place
Greenmeadows
Napier
Hawke's Bay
Email theplayfulplacenz@gmail.com
Website <http://theplayfulplace.co.nz>

Rainbow House, Specialists in Autism (Asperger's), ADHD and Neurodiversity
Tanvi Rodrigues and others
38 Greenlane East

Remuera
Auckland 1050
Ph (09) 520 4030
Email therainbowhouse@gmail.com
Website <httpswww.rainbowhouse.co.nz>

South Island

Dr Garth Smith (Paediatrician)
355 Lower Queen Street
Richmond
Nelson 7020
Email info@kidsdoc.co.nz

Janine Thomson (Paediatrician) - Public
Canterbury District Health
32 Oxford Terrace
Christchurch
Canterbury 8011
Ph (03)364 4106

Dr Sian Chapman (Psychologist)
Nelson Tasman
Ph 027 235 1373
Email sianchapmanpsychologynz@outlook.co.nz
Website <httpswww.sianchapmanpsychology.nz>

Dr Jocelyn Fleming (Clinical Psychologist) - Telehealth
Queenstown
Email jocelyn.m.fleming@gmail.com

reThink Children's Therapy (Speech language therapy, occupational therapy, psychology, physiotherapy, dietician, and social work services in person & online for children 2-18 years old, Provide assessment, diagnosis & intervention with an individualised approach)
144 Rattray Street
Dunedin
Ph 022 100 1440
Email office@rethink.net.nz
Website <httpswww.rethink.net.nz>

Sharyn Gousmett (Educational Psychologist)

Willow Corner

108 Highsted Road

Bishopdale

Christchurch

Email hello@willowcorner.co.nz

Website <httpswww.willowcorner.co.nz>

Gera Verheul (Autism coach)

Nelson, Tasman and Marlborough, and does Zoom sessions

Website <httpwww.autismcoach.co.nz>